





# Embrace Sustainable Practices



### Say No to Single-Use Plastic

- Minimise the use of single-use plastic.
- Carry reusable water bottles, cloth bags and eco-friendly cutlery.



### Save Energy

- Use public transport whenever possible.
- Set AC temperature efficiently.
- Choose Travel-for-Life certified accommodations.
- Turn off lights and appliances when not in use.



#### Save Water

- Take shorter showers.
- · Reuse towels and liners.
- Follow hotel swimming pool rules.
- Turn off taps when not in use.



## Empower Local Businesses and Communities

- Spend 5% of the travel budget on local products.
- Support local tour operators and guides.
- Promote local experiences on social media.



# Respect Local Culture and Heritage

- Follow tourist protocols at cultural heritage sites.
- Spread awareness about Indian cultural traditions.



#### Consume Local Foods

- Choose locally available and seasonal foods.
- Avoid packaged food.
- Eat at locally-owned restaurants.



### Conserve Natural Heritage

- Avoid products made from wild animals.
- Do not support animal rides or abuse.
- · Read information signs on native flora species.

Indian Gaur - Photo Credit: **Kunjangada Abhishek Uthappa**Sambar Deer - Photo Credit: **Kunjangada Bose Madappa**